

# Let's Talk About Sex

by **Julia Tasca**  
Staff Writer

The cliché, awkward, parent-to-child 'sex talk' usually goes something like, "When a mommy and daddy love each other..." Translation: two straight, monogamous people partake in sexual intercourse to create life.

But it's not all 'black and white' when it comes to a person's sexuality. "One of the med students I had was 'turned on' by armpits," Dr. Justine Shuey says in one of her lectures to a Human Sexuality class at Montgomery County Community College.

Shuey has been filling in for another MC3 Human Sexuality teacher, Dr. Sekena Rupert, who has been on maternity leave.

When Shuey found out from a high school professor that she could be a sex doctor, she knew that was exactly what she was going to do. She started out her education at Brook-

dale Community College and then transferred to Rutgers University to receive her bachelor's degree in Women's and Gender Studies. Within two years, Shuey attained her bachelor's degree taking upwards of 60 credits per semester.

In 2008, Shuey went on to get her M. Ed. in Human Sexuality at Widener University. This year, 2011, Dr. Shuey became a certified as a DHS (Doctor of Human Sexuality) at the Institute for Advanced Study of Human Sexuality.

As a sexologist and board-certified sex educator, Shuey travels nationally giving workshops on sexual safety and pleasure.

Shuey teaches that sexuality is something that does not have a right or wrong answer.

"Youth are generally taught only about the sexual encounters that takes place between a man and a woman. Early sex education is generally aimed at straight couples," Shuey says. "I try

to make it about everyone so that everyone can make the most out of my workshops – and it's not just about being straight or gay," Shuey continues. She mentions that there is also asexual, transsexual, bisexual, and so many more in between.

No matter what the main message of Shuey's workshops, she always teaches about contraceptive methods and protection for any form of sexual activity.

"Safe sex is important," Shuey says, "I focus on 'what is touching what.' In other words, two gay men can be at higher risk for certain diseases than a straight couple and vice versa."

In addition to her sex workshops, Shuey also goes to schools, K-12, educating faculty about how to create a safe space for students to go if they are being bullied about their sexual orient.

Shuey encourages things like "It Gets Better," a program generated by

supporters of LGBT youth around the world to stop the abuse of people who have suffered unfair treatment for being different sexually or standing up for those who are different. "It Gets Better," which can be viewed on [www.itgetsbetter.org](http://www.itgetsbetter.org), contains videos and stories of people encouraging others to remember that life goes on no matter what. MC3 is currently in the process of putting together its own "It Gets Better" video in the Gay Straight Alliance club.

Not only has Shuey been pursued as a Gynecological Teaching Assistant but she has taught at various colleges and medical schools. Shuey expresses that she hopes to round up enough students for the 2012 Spring semester at MC3 to be able to teach a class.

Shuey maintains her own website which provides info about her upcoming workshops, sexual information, as well as her contact info.

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