

News

Literary Magazine

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"There were a lot of submissions that we rejected because they were not the quality or feel we were looking for," Gallagher said.

The title, "This Side Up," was thrown around at a staff meeting and everything else flowed from there, she said, noting that the staff liked the non-restrictive feeling of the title, which allowed them to put in different types of work. The idea for the magazine's cover came next.

"It was meant to be simple, but not boring," Gallagher said.

The writing staff consists of students Kelly Sharadin, Ian Berg, Jack Dugan, Alex Short and Paul Dittmar. The art staff includes students Doug Polgardy, Sharon Schratz, Bruce Joell and Joel Francis.

"The selection of what was to go into the magazine was done entirely by student editors," Leonard, the co-adviser, said. "The students ran every aspect of the magazine."

MC3 Student Government Suggestion Page

Every voice counts! Any suggestion will be forwarded to all senate members, all SGA officers, and the director of student leadership and involvement.



As senate chairman for Montgomery County Community College, I have the responsibility to preside over the senate, vote on school issues, convene senate meetings, and hear your opinions! I have limited resources, so I decided to create a group that can answer questions or express concerns for the good of MONTCO. Make sure to pass this group on to any MONTCO student that you may know that I don't. Thanks a lot, and I hope to hear from you all soon. Your Senate Chairman,

Aaron Cinque

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Wellness Center Open to All in MCCC Community

The Physical Education Center offers a Wellness Center that's free to all Montgomery County Community College students, faculty, staff and alumni.

Located on the first floor in Room 109 at the Central Campus, the Wellness Center only requires users to complete a waiver and release form before their first workout.

The Wellness Center features three treadmills, three elliptical cross-trainers, one stair-stepper, one upper-body ergometer (a type of rowing machine), 16 dual-weight machines and a comprehensive free weight area.

Spring semester hours are:

Monday: 8 a.m.-10 a.m.; 11:30 a.m.-1:15 p.m.; and 3:15 p.m.-5:30 p.m.

Tuesday and Thursday: 9:30 a.m.-11 a.m.; 12:45-2:15 p.m.; and 4 p.m.-5:15 p.m.

Wednesday: 11:15 a.m.-1:15 p.m. and 3-5:30 p.m.

Friday: 11:30 a.m.-4 p.m.