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Charter
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Photos Provided by Lycoming College

Students take a break from working to pose for a group photo during the Habitat for Humanity spring break trip. This year the group went to Pittsboro, N.C., which is near

Three students work on the roof and siding of a house in North Carolina as part of Lycoming College Habitat for Humanity's annual spring break trip. They were among a group of 13.

Habitat hammers spring break



By
Paige
Cole

Lycourier Staff

Amanda Byrne doesn't make a lot of money. Yet, that doesn't seem to matter, and this notion is evident through the passion and dedication that Byrne shows toward her job.

Byrne works at the Carolina Tiger Rescue, an animal sanctuary that is home to over 300 animals including binturongs, caracals, kinkajous, ocelots, servals and tigers.

Her job duties vary from clerical work to giving tours. Most of the time Byrne is unacquainted with the patrons to whom she provides tours. However, one tour was different.

On a hot, March day, Byrne gave a tour to a group of students and advisers from Lycoming Col-

lege, all of whom were helping her achieve a life-long dream.

Over spring break, I traveled with the Lycoming College Chapter of Habitat for Humanity to Pittsboro, N.C., and worked with the Chatham County Habitat for Humanity affiliate.

This is my account of the 2011, Lycoming College Collegiate Challenge:

North Carolina boasts 70 degree temperatures during the month of March. Perfect beach weather! However, we were no where near the beach. And our activities required much more commitment than sunbathing.

The work wasn't as attractive as a beach either, and the group spent the week in jeans and T-shirts.

Each day some of us climbed onto the roof and worked relentlessly under the hot Carolina sun. Others scaled scaffolding with hammers and nails and pounded in siding. Some held paint cans and others measuring tapes. The Chatham County Habitat had a goal to reach, and we weren't

about to come up short.

However, the week wasn't all serious work, and there was some fun involved. Each day held a theme, and we were expected to abide by it.

Tuesday was Temporary Tattoosday and while I hadn't put one of those on my person since the days of Crackerjacks, it was fun imprinting gaudy images on my arm.

A group favorite was War Paint Wednesday where we showed our creativity.

An adviser faced her fear of turtles by painting a whole set of Ninja Turtles, while others sported the colors of their favorite football team or sought to catch them all with a Pokémon-inspired look.

The theme days ended with Thug Thursday and we all sported bandannas on the worksite.

We stayed at Camp Royal, a summer camp, and we had full access to camp facilities such as the dining hall, soccer field and our own personal cabin.

The showers were lukewarm,

but nobody really complained. After all, if you spent too much time in the shower, you were missing out on all the fun. Downtime was spent playing card games, such as Mafia, or in an engaging game of Ultimate Frisbee.

Another group favorite was kan jam.

At the end of the week, the site supervisors commented on our progress. When we started, there was no siding on the house or shingles on the roof. By the end, two sides of the house were completely sided and painted, and the other two were more than halfway done. The roof was shingled.

We sauntered around the house admiring our progress. Some wanted to complete projects, but that couldn't be done. After all, some work needed to be left for the University of Scranton's Habitat for Humanity chapter.

We ate our packed lunch, and departed the worksite that day with heavy hearts. The last day of work meant the trip was coming

to an end. The day was spent at the tiger rescue and that evening we went to Chapel Hill, amidst a crowd of rowdy basketball fans. After our outing, we spent the remainder of the night around the campfire reflecting about our experiences.

For me, the Habitat Trips always come at a good time. They come at a time when things at school seem to be most tense.

For a week, I'm able to forget the little dramas that come in everyday life. This week, I worked beside the homeowner and I saw firsthand that not everybody has the same privileges that I'm accustomed to. I got to see my work pay off and make another person happy.

I got to interact with students that I never talk to on a daily basis. It didn't matter what my major was, or what sorority I was in. We bonded while trying to reach a common goal.

This spring break trip was life-changing and I would trade my hot Lyco showers, for lukewarm camp water just to go back.

Students 'Outwit, Outplay, Outlast' at Relay



By
Jennifer
Basch

Lycourier Staff

The Lycoming College chapter of Colleges Against Cancer hosted its seventh annual Relay for Life in the Recreation Center to raise money for the American Cancer Society.

The Colleges Against Cancer relay at Lycoming College raised \$26,000 for the American Cancer Society, surpassing its goal by \$7,500.

The relay took place in the Recreation Center on March 25 from 6 p.m. to 6 a.m. on March 25 and 26.

Ashley Lubold, president of Colleges Against Cancer, has been involved in Relay for Life since she was a student in sixth grade.

"I'm fighting for a cure because my mom died of cancer and it is closure to me knowing that I can give back to the organization," Lubold said.

This year's theme was "survivor around the world," which was based off of the CBS television show "Survivor."

Luminaries lit the inside lane of the track, representing remembrance of those who lost their battle with cancer and those who are still fighting against it.

Lubold said, "This was my favorite part of the whole night."

Just over 20 survivors took their places to walk the first lap, and by doing so, gave the relay its official kick-off.

The cancer survivors also were served a special dinner after the ceremony, bringing them together briefly as a community of survivors.

At least one member of a participating organization or club was to be present on the track at all times.

During the 12-hour event, clubs and organizations sold many snacks, beverages, and toys at decorated tables to help raise money for the cause. Over 350 Lycoming students, faculty and staff participated in the event.

At 7 p.m., hair donating began. An eight-inch ponytail of healthy locks was required in order to donate hair to Pantene Beautiful Lengths.

Pantene Beautiful Lengths sponsors the making of hair wigs for cancer patients who lost their own hair in chemotherapy. A few people even gave spur-of-the-moment hair donations, in exchange for the present supporters donating \$100 to the cause.

"We started out with eight volunteers but by the end of the night we had 53 total," Lubold reported.

Throughout the empowering event, live music, dancing, and fun games were included.

An extra special effort was made by the Lycoming College cross country team and a couple of their close friends. Their fundraiser, Relay at Relay: Miles for Mammaries, raised almost an additional \$100 for the cause. Starting at 6 p.m. Friday, each member of the team ran one mile, switching runners at the end of each mile. This continued until 6 a.m. Saturday, when the team had run a total of 105 miles.

Kerri Kearney, a member of the team was eager to comment, "We are just glad to be here together as a team to support a great cause, and we're excited that we can show our support by doing what we love - running."

Kearney added, "Some of the people with us right now are not even members of the team and spontaneously jumped in with us. All the better! It is great to know that people are willing to work themselves to support others."

In the future, Lubold plans to work with State and National levels of Relay for Life. In addition to that, she wants to work with Relay for Life in her own community, keeping the cause close to home.

"I would like to thank Lycoming College for allowing us to have the relay, we ended on a nice note. My sister, Alison, was also a huge help as well," Lubold said. "I would also like to thank Ashley Newcomb and Kaleigh Misner, for they are the new leaders next year."

Lycoming's chapter of Colleges Against Cancer was formed at Lycoming in 2004 by Lindsay Martin, a Class of 2007 Lycoming graduate.

'Schemata' journal releases second issue



By
Erica
Smithson

Entertainment Editor/ The Lycourier

Nineteen works out of 50 submissions appeared in early March in the second issue of "Schemata," an online journal of essays and photography by Lycoming College students.

The journal, created in 2010, released its first issue that spring. Shanna Wheeler, assistant director of Lycoming's academic resource and writing centers, had the idea to start a student-produced journal of essays soon after she arrived at Lycoming four years ago. She wanted to give students the opportunity to publish their essays and/or gain editorial experience by putting each journal issue together.

"Schemata," Wheeler says, differs from journals at other schools because it is more inclusive of different disciplines and features work from freshman through senior years and even work of recent alumni.

Wheeler intended the journal to be a complement to the College's Writing-Across-the-Curriculum program, which attempts to foster writing skills among all students by requiring a number of writing-intensive courses both within and outside of their majors.

The name "Schemata" is also fitting, as it means schemes, blueprints, plans — a framework upon which

students can build their writing skills.

The submissions indeed reflect those intentions. Several of the submissions are those of research methods courses required to be taken by upperclass majors of several departments, such as history and communications.

Teachers are more than receptive to using the journal. Wheeler said she has received e-mails of encouragement from several professors. One philosophy professor called it a "terrific idea," Wheeler said. Several more recommended their students' work for inclusion in the issue, and others already are asking about submission guidelines for next year's issue.

The essays appear on the journal's website, www.lycoming.edu/schemata, in the form of downloadable PDFs. In the first issue, some essays were turned into "fancy" PDFs, which were accompanied by graphic designs and student artwork. However, because of time constraints this year, as well as not wanting to interfere with the citation format of many of the papers (such as those that used footnotes), Wheeler wished to only publish "plain" PDF documents that preserved the original Microsoft Word formatting. Nonetheless, student artwork still will be featured on the journal's website. This issue features the photography of junior Jennifer Melhorn.

While the majority of submissions are made by students, Wheeler said she would like to see more student involvement in the creation of the journal itself. She says she hasn't received much feedback from students as to whether or not they have used the journal as a model for their class work and she also wishes to have more student involvement in the production of each issue.

While Wheeler does choose the first "tier" of submissions that will make their way to being published, she allows her student editorial staff to "filter" the selections even further, especially if there are multiple submissions from the same department. For the first issue, there were

quality papers," Wheeler said, adding, "We wanted to keep the bar high this time around."

The editorial staff for this issue included seniors Caitie Eberz, Emily Walters and Kari Allegretto and juniors Chris Bernstorff and Aliza Davner. Wheeler looks to her staff to not only maintain a high level of quality in each issue, but to use them as consultants for their departmental expertise. For example, she would rely on the philosophy minor and history major on her staff to tackle which submissions in those subjects would make the final cut.

"These students know what professors are looking for and their choices are made based on what professors (in that department) would expect." Therefore, a more diverse editorial staff would be able to finely narrow down which submissions would reflect the highest quality work of each department.

Overall, Wheeler has considered assembling the first two issues a learning experience and she hopes to evolve the journal's production with each consecutive issue. She wants to do this not only with the hope of getting more diverse submissions — she would like more papers from the education, sciences, math, music and accounting departments — but increasing the accessibility of the journal's website. Recently, she has begun to archive, adding a "back issues" tab that will take users to the previous issue's content.

Wheeler is already looking toward the third issue next year. She hopes that if students want to become involved on the copy editing staff, or would like to work as public relations facilitators to help promote the journal, to e-mail her to express their interest.

She also encourages faculty and students to think about submitting papers. As she has gone on maternity leave for the rest of the semester, she will make a formal announcement regarding submissions for the third issue in the fall.

Philosophy department screens environmental documentary about natural gas well problems



By
Aliza
Davner

Editor-in-Chief/ The Lycourier

Water is, by definition, non-flammable. For numerous families across the country, however, their water supply has defied the laws of nature and is can be set on fire due to contamination from natural gas drilling, the topic of Josh Fox's documentary "Gasland," which Lycoming's Philosophy Discussion Club held a screening of on March 31.

Fox, a first-time filmmaker from a small Pennsylvania town, set-out on a cross-country mission to expose the dangers of hydraulic fracturing, or fracking, which, according to the film's official website is "a means of tapping shale deposits containing natural gas that ... uses a mixture of 596 chemicals, many of them proprietary, and millions of gallons of water per frack. This water then becomes contaminated and must be cleaned and disposed."

Natural gas companies utilize fracking to extract gas from shale deposits which sit under much of the United States.

In the film, Fox recounts being offered over \$100,000 to lease his land to natural gas companies for fracking purposes, which he claims comes at the expense of a stream running through his backyard, which just happens to connect to the Delaware River.

While researching the film, Fox traveled to 34 states, including Kansas, Wyoming, Pennsylvania, and Texas, showing the spread of effects of groundwater contamination from fracking.

Included in the film are stories such as that of the townspeople of Dimock, Pa., who were becoming ill from groundwater contamination.

Also included were interviews with individuals who were unable to drink the tap water in their homes and were forced to buy water in bulk at local retailers, but who were able to use lighters to set their sinks on fire.

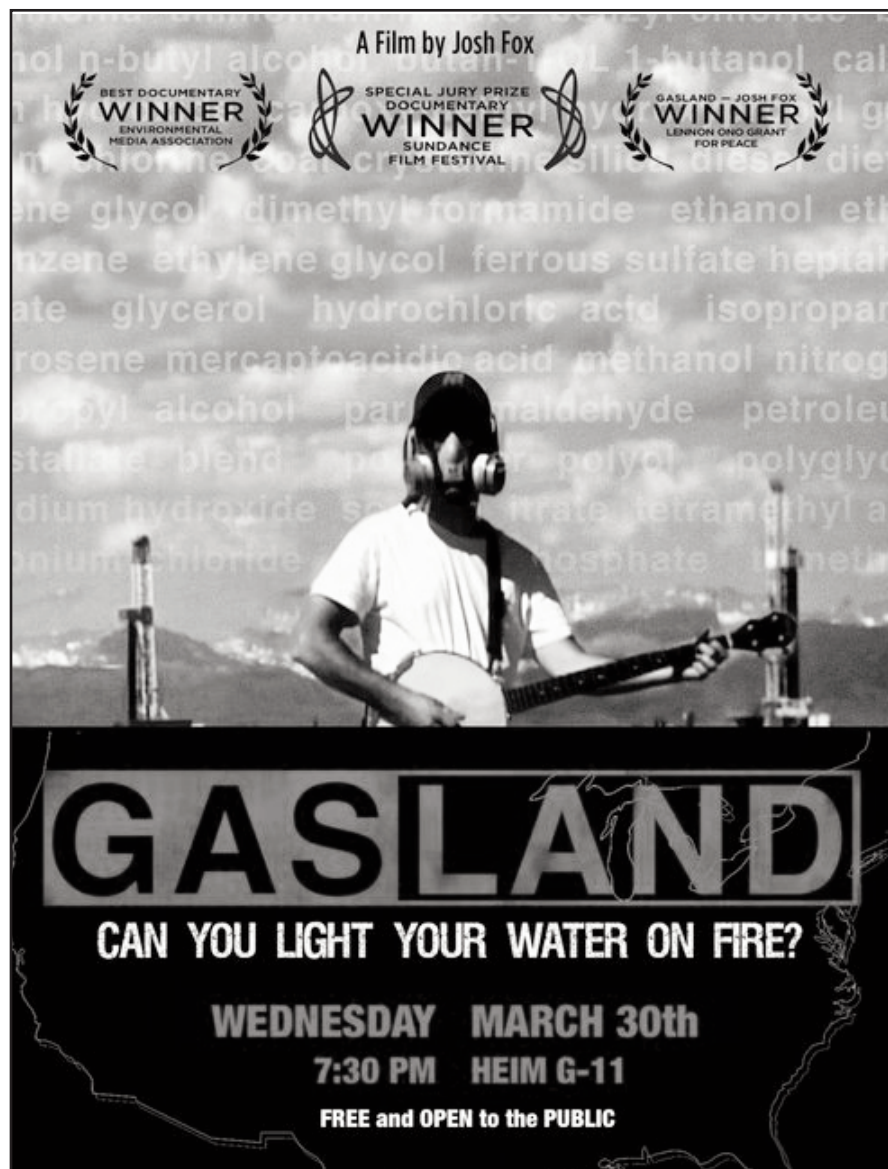
Lycoming philosophy professor Dr. Douglas Young organized the documentary screening, noting that the film discusses an important issue and draws attention to a relevant concern to the area surrounding Lycoming College.

The Marcellus Shale lies under much of central Pennsylvania, including Williamsport, and has recently become a topic of much discussion. Areas surrounding Pennsylvania, including New York, have banned fracking as a method of extracting natural gas from shale.

On March 31, Lycoming's Institute for Management Studies hosted Scott Rotruck, vice president of corporate development for Chesapeake Energy Corporation.

Rotruck gave a presentation titled "The Marcellus Shale: The Greatest Shale of All Time," which dealt with similar themes as discussed in Fox's documentary. Both events were free and open to the public.

For more information on hydraulic fracturing, Josh Fox, or 'Gasland,' go to the film's official site, www.gaslandthemovie.com.



History Club plans Medieval Lyco



By
Kelly
Prendergast

Lycourier Staff

The Lycoming College History Club is planning to sweep the campus back to the dark ages for a day as it once again considers hosting Medieval Lyco.

Though still in the planning stage, the event is scheduled for 1 to 4 p.m. Sunday in Pennington Lounge and the surrounding outside areas.

In past years, the event has focused around a general theme, and the same will occur this year.

According to club vice president, junior Aliza Davner, this year's overall theme will be "Robin Hood."

To effectively convey the theme, History Club plans to transform Pennington Lounge into different locations that appear in the original "Robin Hood" legends.

For example, plans call for areas such as Sherwood Forest, the Village of Nottingham, Prince John's Castle and the Holy Lands.

During the event, various organizations and presenters will be holding games and presentations simultaneously in the different locations.

Although some aspects of the event are still

uncertain, there should be plenty of campus involvement.

Several clubs and organizations already have signed up to participate including United Campus Ministries, Habitat for Humanity, the Lycoming Chapter of Amnesty International, Creative Arts Society, German Club, Equestrian Club and various members and organizations of Greek life.

Additionally, the hosts of the event are looking to have professors from different departments hold miniature discussions pertaining to life in the Middle Ages.

Plans are to include several outside speakers and presenters, including a medieval weapons expert, glassblowers, a calligrapher, a Renaissance music group, a falconer and acrobats.

"Last year's Medieval Lyco was an extremely successful event and we're looking to recreate that success this year by keeping what worked and adding a few new touches," Davner said.

Overall, Medieval Lyco is an entertaining event for visitors of all ages and interests.

"I can't wait to attend this event because when I was little I used to love reading stories about knights rescuing princesses. I feel like this event will bring me back to some great childhood memories," junior Jussae Hanford said.

Medieval Lyco is open to both the campus and the public. Admission is \$5 for adults, \$2 for children, and free for students.

For more information about the event contact History Club president, senior Amanda Burt at buraman@lycoming.edu.

Greek Week is beachy

This year's Greek Week centered around the theme "Greek Life's a Beach" and was planned by the Pan-Hellenic and Inter-Fraternity special events chairs, Amanda-Rose Williams and Myles Biggs.

According to Candida Rivera, assistant director of student programs and leadership development, "The events showcased different pillars of greek life: Unity, Service, Scholarship, Brotherhood, and Sisterhood."

The week kicked off on Sunday with a barbecue and volleyball tournament which was established to promote unity among the different chapters.

On Monday, the competition started with the banner presentation and toga race. Houses could win points based on their banner, toga design, baton decorations and overall results in the race.

The next day, the different chapters dispersed around campus for a clean-up. Houses were awarded points based on their participation.

New to Greek Week was an academic bowl which took place on Wednesday night.

Representatives from each chapter faced off to test their knowledge on topics such as: Lycoming/House History, Math, English, Pop Culture, Science and History.

On Thursday, teams earned points by attending Greek Week speaker Evan Wecksell. Wecksell performed a

stand-up routine.

Teams also participated in Penny Wars. Pennies were positive points while all other cash was negative.

Friday featured a favorite with Chapel Skits. Houses sported dance routines or performed canned ones. Whatever the routine, the crowd seemed to enjoy all of the skits.

The final results were announced at the Bicentennial celebration Saturday.

The winners for each event were calculated by Men's Chapters, Women's Chapters and then an Overall Winner. They are as follows:

Men's: Phi Kappa Psi in third, Tau Kappa Epsilon in second and Lambda Chi Alpha in first.

Women's: Alpha Rho Omega in third, Beta Phi Gamma in second and Gamma Delta Sigma in first.

Overall Winners, Tau Kappa Epsilon in third, Lambda Chi Alpha in second and Gamma Delta Sigma in first.

According to Rivera, the week was a success.

"We added a couple of new events like the Academic Bowl and Penny Wars and tweaked some of our traditional events," Rivera said. "It was a long and busy week and going into Chapel Skits on Friday we have nothing but positive energy. I'm really proud of all the chapters that participated and adhered to the new guidelines that were set out for this year's Greek Week."



Lycoming Concert Band sets spring performance



By
Linnea
Morris

News Editor/The Lycourier

The spring performance for the Lycoming Concert Band will be at 7:30 p.m. Wednesday at the Community Arts Center on East Fourth Street.

The band consists of 46 college students with some additional professional musicians and music lovers from the Williamsport area.

The program is as follows:

The first piece on the program is "Military Escort March," written by Henry Fillmore under a pseudo-name Harold Bennett and edited by Frederick Fennell. Written in a regimental march style, the piece is "a classical example of effective and disarming simplicity, reflecting the innocence and charm of a bygone time in American music education," according to Fennell's comments in the program notes

"With Quiet Courage," composed by Larry Daehn in the early 1990s, is in memory of Lois Daehn, his mother. The program notes by Daehn simply write, "Her life was heroic, but without fanfare. She worked and hoped and inspired. She loved and was loved. Her life was a noble song of quiet courage."

Allegro from Trumpet Concerto in D by Leopold Mozart and arranged by Andy Clark is a piece from the Baroque era that features Senior Robyn Price on trumpet.

It is the first movement in the concerto and the parts were originally written for strings, not a band. Dr. William Ciabattari, the conductor for the Lycoming College Concert Band, says that

playing this piece "is a unique challenge. We are trying to copy a style of music with instruments that didn't even exist in Mozart's time."

"Under Silver Moon Light," from the "Chinese Suite for Band" by Hua Yang, is based on a folk tune from the Xinjiang Province in Northwest China. Most people there live by herding sheep and cattle and their love is for singing and dancing.

The program notes say that "the folk tune used in this movement is a love song, which expresses the great emotion of a young man who is longing for his girlfriend, galloping to her." Senior music education major Brian Scott is to conduct this piece.

One of the major works in the concert is "Bushdance" by Ralph Hultgren. The piece, as described by the program notes, "was written for, and premiered at, the Queensland Department of Education's 1987 Musically Outstanding Students (MOST) scholarship camp in Brisbane, Australia.

The work was written to feature the songs of the bushdance and to portray the excitement of the trip to, and participation in, the evening's entertainment. Melodies include "The Darvy Knick Knack," "The Waves of Tory," "Big Fairy Mountain and Little Fairy Mountain" and finally, "Soldier's Joy."

A newer piece on the program is "Elements" composed by Brian Balmages. In his program notes, Balmages describes his work: "the first movement, 'Air,' has a minimalistic quality to it. The opening four-note motif continues uninterrupted throughout the entire movement, while voices carrying it and textures surrounding it constantly change ... The second movement, 'Water,' is impressionistic in nature. The movement represents the Greek philosopher Empedocles's belief that water is an inwardly reaching element. It describes a quiet body of water with a glasslike surface ... The third movement, 'Earth,' describes the rapid spinning of the earth itself. It draws its musical inspiration from 'Mercury, the Winged Messenger' from Holst's 'The Planets' ... the final movement, 'Fire' is the most aggressive and harmonically complex, and as a result, is the most challenging. It de-

picts the intensity of fire and is relentless in its approach."

"Nimrod," by Edward Elgar and arranged by Alfred Reed is a very famous piece by itself. Traditionally from the Enigma Variations, "Nimrod," as commented by the program notes, "is generally agreed to be the emotional high-light."

These variations all have cryptic named, some just with initials, but eventually Elgar explained that each variation is meant for a close friend. 'Nimrod,' of course, is associated in the English minds with hunting. The German word for hunter is 'Jager,' and the man whom Elgar described in this variation was his noblest friend, August Jaeger, editor of the Musical Times ... and so, in this beautiful, swelling, musical testimonial, Elgar has not only created a picture of a noble, upright, generous person, but has produced a piece which has found many uses in English ceremonial of a solemn nature."

Another highlight of the concert is the "Carmen Fantaisie on themes from Georges Bizet's opera for Solo Flute" originally arranged by François Borne. Flutist Leslie Cullen, the Lycoming private flute teacher, will be featured in this piece. The opera "Carmen" is, as described in the score, "without a doubt, the most popular opera ever composed in the French language."

The final piece in the concert is Gustav Holst's "First Suite in E flat for Military Band" and written in 1909. Colin Matthews, the editor of the piece, explained in his notes that the First Suite in Eb is "now considered one of the masterworks and cornerstones of the band literature. "Since it was premiered in the United States in 1921, "the work has endured beautifully and, in fact, has grown stronger with age ... Few composers, on the basis of so few works, have endeared themselves so completely to those in the band field as has Gustav Holst," commented Budd Udell when writing an article on the work.

After finals week, the band will tour throughout Greater Williamsport to many different high schools, including Montoursville High School, South Williamsport High School, Hughesville High School and St. John Neumann Jr./Sr. High School and then travel to New York City.

Chamber Choir spring concert a Mass for peace



By
Linnea
Morris

News Editor/The Lycourier

The Chamber Choir is working hard in order to perform its spring concert. The choir will be singing "The Armed Man: A Mass for Peace" at 8 p.m. Friday in Clarke Chapel.

The choir, under the direction of Dr. Fred Thayer, is a professional group of 29 Lycoming students with various majors.

Accompanying this grand performance will be Richard Lakey and Kristin Ivers on keyboards along with two trumpeters, Dale Orris and David Bailey, from the Williamsport Symphony Orchestra, flutist Lauren Godfrey, percussionists Donald Fisher, Chad Grundon and James Tyson and an alto saxophonist Brian Stillman.

Soloists from the choir in various movements are Senior Emily Hopko, Senior Danielle Heaney, Senior Nina Cline, Senior Ken Vincencio, Sophomore Robert Rinaldo and Junior Sara Bartholomew.

"The Armed Man: A Mass for Peace," was composed by Karl Jenkins and premiered in 2000.

It was commissioned by the Royal Ar-

mouries Museum for the Millennium celebrations and dedicated to the victims of the Kosovo crisis.

The piece is an anti-war piece based on the Catholic Mass and selected texts featuring a 15th century French folk song, "L'homme armé," which translates to "The Armed Man."

The Mass has 13 movements and has a running time of about 70 minutes.

Guy Wilson, the master of the museum, commented in the program notes, "The Mass begins with a marching army and the beat of military drums, the music gradually building to the choir's entrance, singing the 15th-century theme tune - 'The Armed Man.'"

After this highly intense movement, the style and pace changes. The reflective "Kyrie" pays homage to the past by quoting the style of Palestrina.

Next is a movement following the style of the Gregorian chant, which only the men sing from the psalms, asking God's help against the enemies.

"The 'Sanctus' that follows is full of menace, and has a primeval, tribal character that adds to its power," Wilson writes.

Then the menace grows. The next movement uses Kipling's 'Hymn Before Action' to build to its final devastating line 'Lord grant us strength to die.'

"War is now inevitable. 'Charge!' opens with a seductive paean to martial glory which is followed by the inevitable consequence - war in all its uncontrolled cacophony of destruction,



"The Armed Man: A Mass for Peace" was composed by Karl Jenkins.

then the eerie silence of the battlefield after the battle and, finally, the burial of the dead," Wilson notes.

At the center of the work is Angry Flames, an excerpt from a poem written by a poet who was at Hiroshima during the atom bomb attack on Hiroshima and died in 1953 of leukemia brought on by exposure to radiation. The poem

is about the aftermath of the bomb.

"But if we think that the obscenity of this mass destruction is new to our consciousness, we must reconsider as we listen, to the eerily similar passage from the ancient Indian epic The Mahabharata. From the horror of mass destruction the work turns to remember that one death is one too many, that each human life is sacred and unique," Wilson writes.

"First the Agnus Dei, with its lyrical chorale theme, reminds us of Christ's ultimate sacrifice," Wilson commented. Following this is "Now the Guns Have Stopped," about a missing husband. These movements have a great significance for many survivors of the First World War who feel significant loss and guilt when they came home when their friends did not.

"The Benedictus" tries to heal all the wounds in its slow and stately affirmation of faith and leads us to the final, positive, climax of the work.

"The menace of the 'Armed Man' theme returns but this time moves on and we come to our moment of commitment. Do we want the new millennium to be like the last? Or do we join with Tennyson when he tells us to 'Ring out the thousand wars of old, Ring in the thousand years of peace?'"

It may seem an impossible dream, we may not have begun too well, but the Mass ends with the affirmation from Revelations that change is possible, that sorrow, pain and death can be overcome. Dona nobis pacem," Wilson said.

Swords combine with Japanese Culture at Lycoming



By
Victoria
Yuskaitis

Lycourier Staff

Few students realize that Lycoming College is home to the Lycoming Fencing Club and Guild of Swordsmen - or that the instructor of the clubs and classes that meet under this title is Michael Gaylor, who is a several times NCAA National Champion and who also learned the art of kendo (Japanese for "way of the sword") from the Japanese kendo master, Sensei Torao Mori.

As Chiaki Kotori, the Director of Institutional Research at Lycoming College, explained, "the rare opportunity" to study kendo under Gaylor "cannot be stressed enough."

Kotori, a native of Japan with a deep love for Japanese culture, further explained that Mori had a legendary family history with a grandfather or great-grandfather being a renowned kendo master. Known as "Tiger" (Torao means "tiger" in Japanese), he competed in a national kendo competition in Japan that was watched by the Emperor himself. Furthermore, Kotori said, his prowess was so incredible that he was asked to create modern fencing in Japan

during the 1964 Tokyo Olympics so that the Japanese athletes could compete.

Kotori said that she happened to be reading a biography of Mori when she met Gaylor at Lycoming; as Gaylor said, it was an "interesting synchrony."

Gaylor explained that he and Mori met in Paris; Gaylor was studying fencing, whereas Mori was trying to create a fencing team for Japan.

"I shared my insights of Western fencing (with him), and he taught me the Japanese 'Way of the Sword,'" said Gaylor. They bonded quickly, he clarified, because they "both loved sword-craft and spoke English better than French."

Interestingly, Gaylor said that he runs the dojo at Lycoming College (Japanese for "place of the Great Way") in a traditional Japanese manner, just like he learned from Mori himself. The students take their shoes off at the door, symbolizing the leaving behind of any physical and mental burdens before entering the dojo. Mentioning the story of Moses in the Bible, Gaylor says that removing your shoes is a matter of respecting sacred ground. Gaylor also said that it inspires humility and respect.

"The way of the Samurai says that energy comes from chi (literally translated as 'life force')," said Gaylor. "Shoes are buffers -

like gloves - and a Samurai does not want anything between himself and the earth."

The other details that make the dance room in the gym into a dojo - such as bowing to yourself in the mirror as you enter, in an effort to bow to your better self - all have deep meanings rooted in Japanese culture.

"The Japanese culture club asked for the class, as did fencing students," explained Gaylor.

Because of the inherent connection between kendo and Japanese culture, the students are expected to learn about culture as much as swordfighting, said Gaylor. A focus on Zen - what Gaylor described as an "ah-ha!" moment or intuitive enlightenment - is addressed in the class through meditation and kendo itself.

Still, Gaylor was quick to point out that "there is nothing religious about it - it is about how you approach the fact that you are fighting and one of you is going to die...It's a metaphor about how you approach life."

The class is also expected to write a Japanese poem in the form of a "haiku" or "tanka." The syllabus explains the poetry not as a long epic or story, but rather as "the essence of a thought or situation." Writing such poems helped Samurai's to keep their minds from mundane worries while performing their sacred duties. It also allowed them to focus

their energies before a battle, explained Gaylor, and connect them to a zen-like state.

The students finished meditation to the sound of crickets chirping or chanting monks, and then picked up the Bokkens (Japanese for "oak sword"). The sword drills the students engaged in, Gaylor explained, have been formalized and used to teach kendo for the last 1,000 years.

Gaylor shouted a Japanese word symbolizing a certain movement, and the entire class shouted in response as they performed the movement as a group.

Gaylor explained that the shouting is "used to mobilize your energy. It also says where you are about to hit - it is only polite." The point, explained Gaylor, is to hit your opponent as you shout.

After the initial practice, the students split into groups of two and engaged in formalized drills ("Kumi-tachi" in Japanese), that focused on perfecting sword movements, body movements, distance, and timing in each attack.

Still, Gaylor said that the students "don't actually hit each other yet; their only opponent is within." Nevertheless, the practice the students are going through is very important, as Gaylor explained, because the perfection of the moves with the wooden swords is essential to be-

ing able to graduate to a more advanced level.

Surprisingly, most of the students who take the kendo class had never done kendo before coming to Lycoming College.

Matiana Gallegos, a freshman, said that she did Karate at Lycoming but decided to try kendo. "I like the meditation beforehand. It helps to clear the mind."

Another student, David Casavant, a senior, also said that he "had taken martial arts, but kendo seemed interesting and fun." Shrugging, he added, "I needed gym credits."

Christina Sorrells, a senior and the Motodashi (Japanese for "helper") of the beginner kendo class and a student in the advanced kendo class, explained that she likes "swords and learning how to use them properly. I also like the spiritual aspect as well - it is something you can take with you when you leave and applies to real life."

The beginning kendo class meets at 8 on Monday and Wednesday mornings.

The swordfighting classes (both kendo and fencing) offered at Lycoming truly are unique opportunities: Gaylor is a talented swordsman with a passion for teaching, and the students who take the classes offered are learning from a master himself.

Interested in being a writer, photographer, cartoon artist or editor?

If so, the Lycourier wants you!

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When school spirit is low, who do you call? Yats Esool



By
**Linnea
Morris**

News Editor/ The Lycourier

In 1948, the football team was not playing very well and was in need of some school spirit. Because the college was mainly a seminary at that time, interest in sports was not that big.

But that soon changed with the appearance of Yats Esool. This soon-to-be mascot came from the idea of Matt (Jim) Marcinek and his friends. Yats Esool, "Stay loose" backward, was a "fierce, competitive warrior to help rally the football team into victory," Jim Marcinek said in a previous article about Yats Esool.

Yats, Marcinek in disguise, was a masked football star, a UCLA player that carried a suitcase and a fishbowl.

Yats Esool's first appearance was meant to be spectacular - arriving on a train straight from California. However, that really didn't happen. Marcinek's friends drove him, as Yats Esool, to a local train station where he could appear at the local train station. In the confusion and the excitement, Yats ended up taking the wrong train and he had to be sneaked on in a passenger car from the California Express.

After finally stepping off the train and into the right rallying group, the band played the school song and Yats was driven to the pep rally in a 1925 Model T car named 'Ypolaj.'

The Lycoming Courier, the forerunner of the Lycourier, in 1949 described his exploits. Yats Esool, the great football star, was so great that "firemen had to be

called on the field to put out a grass fire that Yats had started from his great speed." He reportedly was starting with the Chicago Beard in the 1947 All-Star game before heading to Lycoming.

Because of his renowned greatness on the field, at the pep rally Yats participated with the football team in a mock practice in which he was the great star compared to the rest of the team.

"He never plays before less than five thousand, and after counting the feet and dividing by two he saw there was only two thousand present, and refused to play," the 1949 Courier article states and Yats was sidelined.

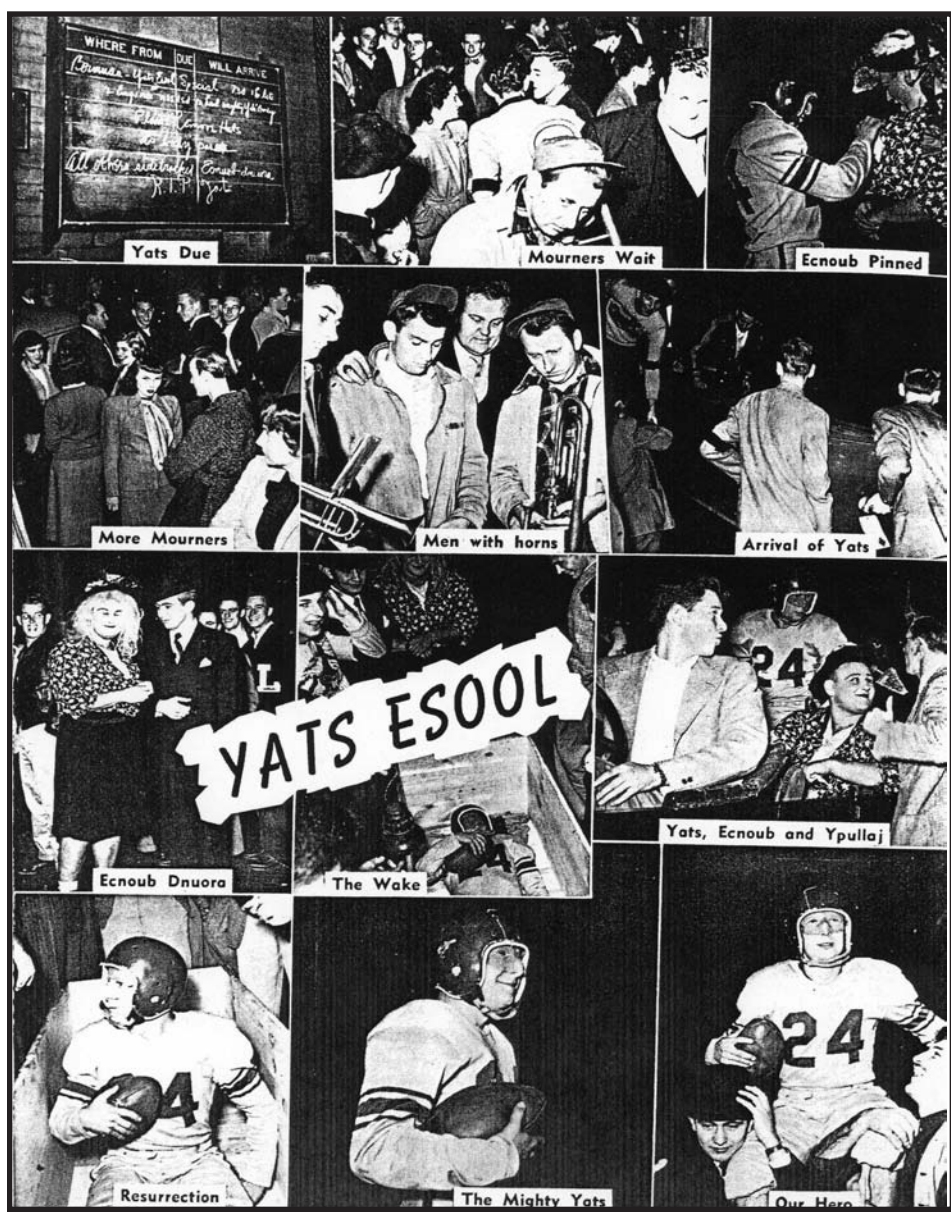
His presence at the football game gained notice, but unfortunately did not help the team's standings. The team finished the 1948 season with a 0-7 season overall.

So naturally, Yats Esool made a return appearance. Marcinek and his friends came up with an elaborate idea to have the school spirit surge.

Yats Esool, the school spirit, died. He was placed into a pine coffin obtained from Crouse's Funeral Home and was driven to a pep rally. Students wore black bands and the flag stood at half staff, everyone mourning Yats.

Then Yats jumped out of the coffin to whip up enthusiasm in the crowd. Ecnoub Dnuora (Bounce around spelt backwards), Yats Esool's girlfriend, arrived to celebrate his resurrection. Yats Esool jumped out of the pine box and seemed to make an impact on the whole audience. To end the night, Yats pinned Ecnoub, their official engagement.

After Marcinek graduated, Yats Esool reappeared at the next pep rally as a different student. The tradition continued through the 1950s and 1960s, but then faded away. For Homecoming 1999, Yats Esool appeared once more but the tradition never revived.



Lycoming College Archives

The original Yats Esool resurrects school spirit at a pep rally in 1949.

Lycoming College Celebrates 200th Birthday



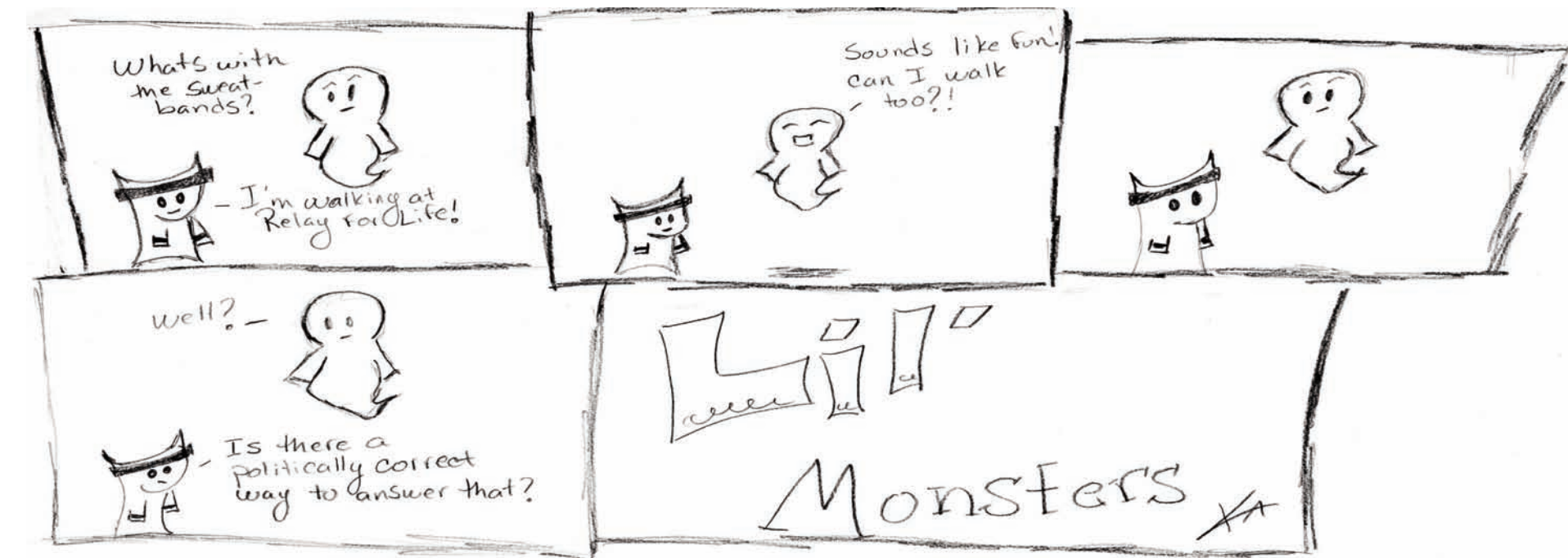
Linnea Morris/Lycourier

Everyone watches in silence as the 1812 flag was raised during Lycoming College's Charter Day Ceremony on April 2, 2011.



Linnea Morris/Lycourier

The Lycoming Chamber Winds play the "Lycoming College Alma Mater" at the end of the Charter Day Ceremony on Saturday.



They Said WHAT?! Overheard at Lyco

- "What?! Do you not understand the hierarchy of cheeses? It's Gouda, pepperjack and provolone. That's it!"
- The Caf

- "...And then I covered my stick in vaseline. And then I put it on the wire."
- Williams Hall

- "Apparently I'm nothing."
- "You're not nothing 'cause I can poke you and I can't poke nothing."
- College Place

- "Really? They push babies out of there and you are surprised by a ping pong ball?"
- The Caf

April 7, 2011

Shakespeare's 'Shrew' untamed



By
Erica
Smithson

Entertainment Editor/ Lycourier

William Shakespeare is certainly a prolific playwright, but his work at times has a polarizing effect on those tasked with sitting in his audience.

While some regard "the bard" with utmost respect for his influence on culture and the English language, others find his work stuffy and dense, and any otherwise understandable theme that he may convey in a work (budding romance, sorrowful tragedy) is bogged down with countless "wherefore's" and "thou's" in flowery prose.

Lycoming College theater director N.J. Stanley wanted to alleviate any of the stodginess that one may associate with Shakespeare's work when she took on "The Taming of the Shrew," the college's final main stage production of the school year.

She did this first with the selection of this particular Shakespeare play. While "Shrew" holds the esteem as being one of the most well-known and beloved of Shakespeare's comedies, where the preening beauty Bianca wants desperately to marry one of her many suitors but is unable to until her older sister, the ornery "shrew" Katherine, marries first.

When the egotistical Petruchio comes to town, Katherine is resistant when he tries to charm her, but she soon falls for him. "Shrew" is what Stanley calls his "most accessible play" and is a thorough — but not boring — introduction to his work.

"It is story-driven, the poetry is not as dense, making it easier for anyone to understand ... and there is also farcical, bawdy comedy that appeals to students," Stanley said.

It is the most workable for the needs of a Lycoming College production, the director said. The college's faculty directors believe there is an "educational mandate," Stanley says, to put on a wide variety of plays so the student actors — and the college community who are sitting in the audience — get to experience all genres that theater has to offer.

Additionally, the school strives to put on a musical and a "classical" play, anything written pre-twentieth century, at least every other year. The last time Shakespeare was performed at Lycoming was in spring 2009 with "A Midsummer Night's Dream," so the time was right to delve into his work again.

However, no matter how beloved Shakespeare is, some of the themes of his work can be quite dated. For instance, in "Shrew," many of the female characters behave in a subservient manner to their male counterparts; something Stanley knows would never be acceptable today. That is why she took the bold move to challenge the gender stereotypes of Shakespeare's time and turn them on their head by cross-gender casting this production. This means that all of the male parts (which greatly outnumber female



The "Taming of the Shrew" cast aims to go "all out" in their performance. In top photo, from left, are Servant (Cindy Pyott), Gremio (Molly Collier), Tranio (A. J. Fenske) and Hortensio (Christina Moliterno in foreground) cower in fear when Petruchio draws his sword on them. In bottom photo, from left, Bianca (Steve Ferguson), Lucentio (Krista Peterson) and Baptista (Kathleen Houser) cringe in fear when they are attacked by the madman Petruchio.

ones) will be played by women, and vice-versa. Again, Stanley made this choice by considering the fact that she needed to be accessible with the message being conveyed to the audience, and that this needed to be done in a way that would use the resources of the theater department and its actors to the fullest.

Thus, cross-gender casting was not only a necessity (as the number of female students interested in acting currently outnumbers the males) but a reward because the gender stereotypes in the content of the play would be challenged. Even though the females are still being subservient to the males, seeing men play those parts and saying those lines will give the audience a new way of looking at the play's themes, Stanley said.

For Stanley, having her actors play the opposite gender was more than just the men walking around in skirts and adopting falsetto voices and for the women to act rough and tough. The masculine/feminine stereotypes were not allowed here.

"I cast this play in the same way I have others," Stanley said. "I look at how the qualities the actor possesses match the qualities the character possesses." Above all, personality matches a character's essence more than stereotypes.

While some of the way the characters are written can be cliché (Bianca being the beauty queen, Katherine staunchly rejecting to be anything like her sister, and Petruchio's healthy male ego), Stanley believes that these rather extreme personalities were tamed when the characters found true love, particularly in the relationship between Katherine and Petruchio.

"They go through a sort of transformation," Stanley said. "They find themselves through finding each other."

Once again, even though the characters' stories may be wrapped neatly in a bow, Stanley wanted to play up every bit of the raucousness that comes with a battle of the sexes. The atmosphere of the play is a rehearsal — what this audience will see is a group of actors preparing to put on a production of "The Taming of the Shrew."

It will be set in modern times and the actors will wear modern dress, save for a few crucial pieces of costuming that are sure to bring out the nature of their character (for example, the actors playing females would wear skirts because that was a crucial part of a woman's dress in Shakespearean times and for the fact that females develop a certain carriage while walking in them).

However, the rest was up to the student actors, Stanley explained. While they were cautious in the first rehearsals, not having yet adapted to the atypical nature of this production, once Stanley gave them the encouragement to push the envelope as much as possible, the floodgate of possibilities was opened and the actors ran with it, becoming quicker and more outlandish with each delivery of their lines.

All in all, Stanley saw that "The Taming of the Shrew" had a lot which needed to be untamed. Whether through the themes that needed modernizing or the facade in front of the characters' true personalities (could they be swayed in their beliefs about love?) which needed to be taken down, she chose to put the conventions of what a Shakespeare production stereotyped as (stuffy, flowery prose) and turned them on their head. Transforming a Shakespeare from page to stage is best done when making it accessible to one's target audience. And to teach students that a scribe who lived hundreds of years ago created a story that explores some of the very issues they are going through (who, at our age, hasn't grappled with matters of the heart?) is certainly a feat.

Stanley seems to have triumphed in her intentions: she has fun with it, but still holds true the message that the author wanted.

"The audience should see that underneath the physical humor, bawdiness, and outrageousness, the play presents a genuinely important message of being true to yourself and (the importance of) presenting your true identity. The truth has the power to transform people," she said.

"Shrew" will run Friday, Saturday and April 13, 14 and 16 in the Mary L. Welch Theatre. All show times begin at 8 p.m. Lycoming College students, faculty and staff are admitted free with their school identification card.

SyFy re-runs 'Terminator: The Sarah Connor Chronicles'



By
Robert
Rinaldo

Lycourier Staff

When people hear the word "terminator," most immediately refer to the series of sci-fi action films about killer cyborgs from the future. What some may not realize is that there is a television show based off the series called "The Sarah Connor Chronicles." Despite high ratings and positive reception from viewers, the show was canceled after its second season, but after two years off the air the show will make its return.

"Terminator: The Sarah Connor Chronicles" is an American science fiction television series that originally aired on Fox. The show was produced by 20th Century Fox Television, Warner Bros. Television and C2 Pictures. It is a spin-off from the "Terminator" series of films, taking place after the events of "Terminator 2: Judgment Day," and essentially ignoring the events of "Terminator 3: Rise of the Machines."

The show focuses on Sarah Connor (Lena Headey) and her son John (Thomas Dekker) as they continue the fight against Skynet, the computer system that causes the end of the world. Cameron (Summer Glau), a terminator from the year 2027, is sent back in time to protect John from



any and all enemies, including machine and human. Throughout the show, the trio teams up with Derek Reese (Brian Austin Green), a resistance fighter sent to the past and John's uncle.

Initial thoughts on the show were highly skeptical, as viewers believed that the franchise was possibly milking itself too much. Fans of the franchise were unsure of how Headey would be able to fill in the shoes of Linda Hamilton after her gripping performance as Sarah in the films, and others were worried that voice actor for Littlefoot from "The Land Before Time" franchise was chosen to portray the future leader of the human resistance.

At the time of its run, "The Sarah Connor Chronicles" was the highest-rated scripted show on Fox and received positive feedback from fans and critics alike. Many viewers marveled at the acting, especially Headey and Glau's performances, while others found the plot engaging and

thrilling. Others considered the show a huge improvement for the franchise after the failure of "Terminator 3: Rise of the Machines."

The show and its actors were nominated for several awards including the Saturn Award for Best Network Television Series, numerous Teen Choice Awards and three Primetime Emmy Awards. Glau won the Saturn Award for Best Supporting Actress on Television in 2007 for her performance as Cameron.

The show initially was picked up for a third season in 2009. Unfortunately, Fox canceled the show instead, much to viewers' surprise. Exact reasons for the cancellation are unknown, but many suspect that the Writer's Guild of America strike influenced the decision greatly. Viewers launched many attempts to preserve the show, but none were successful.

Ever since the official cancellation, fans have speculated on whether or not the show would return. Many fans have turned to fan-fiction stories to keep the thought alive, while others have thrown around the possibility of a fan-made continuation of the show via YouTube. However, there seems to be a glimpse of hope for the future of the show.

SyFy will begin airing reruns of "The Sarah Connor Chronicles" in April. While many fans complain that this won't do anything because only reruns will return, others pray that bringing the show back will renew interest in a third season. Whether or not this is possible is still unknown, but for now fans can rejoice as the show makes its return this spring.

"Terminator: The Sarah Connor Chronicles" premieres at 9 tonight on SyFy.

Instant replay: Best TV events of the decade



By
Robert
Rinaldo

Lycourier Staff

Television has greatly changed in the past decade. Many hit shows such as "Survivor," "Glee" and "The Hills" made their debuts while others such as "Heroes," "The X-Files" and "The Sopranos" ended after several seasons. As we head into the new decade with the highly controversial antics of Charlie Sheen, let's take a look back at some of the most memorable moments in television in the past decade.

2000: "Survivor" premiered on CBS, sparking an interest in reality television in the United States, while "Big Brother" brought the same success in the United Kingdom. CBS also scored major success with the release of the original "CSI: Crime Scene Investigation." People were shocked by MTV's new prank TV show "Jackass," with many kids injuring themselves trying to imitate the actions on the show.

2001: Entertainment programming was virtually suspended for a week in the United States as the networks offered extensive coverage of the September 11 terrorist attacks. "Pop Idol" premiered in the United Kingdom, paving the way for many international versions to follow. Digital television officially began in Australia while "Mr. Roger's Neighborhood" ended after 33 years.

2002: "American Idol," the most popular variation of "Pop Idol," debuted with Kelly Clarkson crowned the winner. "The Osbournes" and "CSI: Miami" premiered on MTV and CBS respectively while "General Hospital"

aired its milestone 10,000th episode on ABC. Fox News Channel overtook CNN as the No. 1 cable TV news service in the United States while Cartoon Network celebrated its 10th anniversary.

2003: "All My Children" on ABC aired the first lesbian kiss on American daytime television while the first season of "America's Next Top Model" premiered on UPN. Talk show host David Letterman was forced to take a few weeks off from his "Late Show with David Letterman" due to a bout of shingles (subsequent Top 10 Lists occasionally poked fun at this), causing a string of celebrities such as Bruce Willis, Regis Philbin, Will Ferrell and Elvis Costello to guest host.

2004: Ken Jennings attained celebrity status after a 74-game winning streak on "Jeopardy." The FCC began to heavily censor American television, tightening its rules on indecency, after the Janet Jackson/Justin Timberlake Super Bowl XXXVIII halftime show controversy. The "Friends" finale on NBC reached 52.5 million views while "The Price is Right" aired its 6,000th episode.

2005: ABC news anchor Peter Jennings died of lung cancer while Hurricane Katrina strikes the Greater New Orleans area, causing major disruption of the region's television broadcasts. "Family Guy" returned on Fox after three years off the schedule due to the rise in popularity of reruns and DVD releases while "American Dad," from the creators of "Family Guy," aired its pilot episode on Fox following Super Bowl XXXIX.

2006: High-definition television was launched in the United Kingdom while UPN and The WB joined together to form a new network, The CW. "30 Rock" and "Heroes" premiered on NBC while "Charmed," "Will & Grace" and "That '70s Show" all ended. Nickelodeon aired a 24-hour marathon of "SpongeBob SquarePants," raising ratings to an average of over 6.7 million viewers and making the day the network's highest-rated ever.

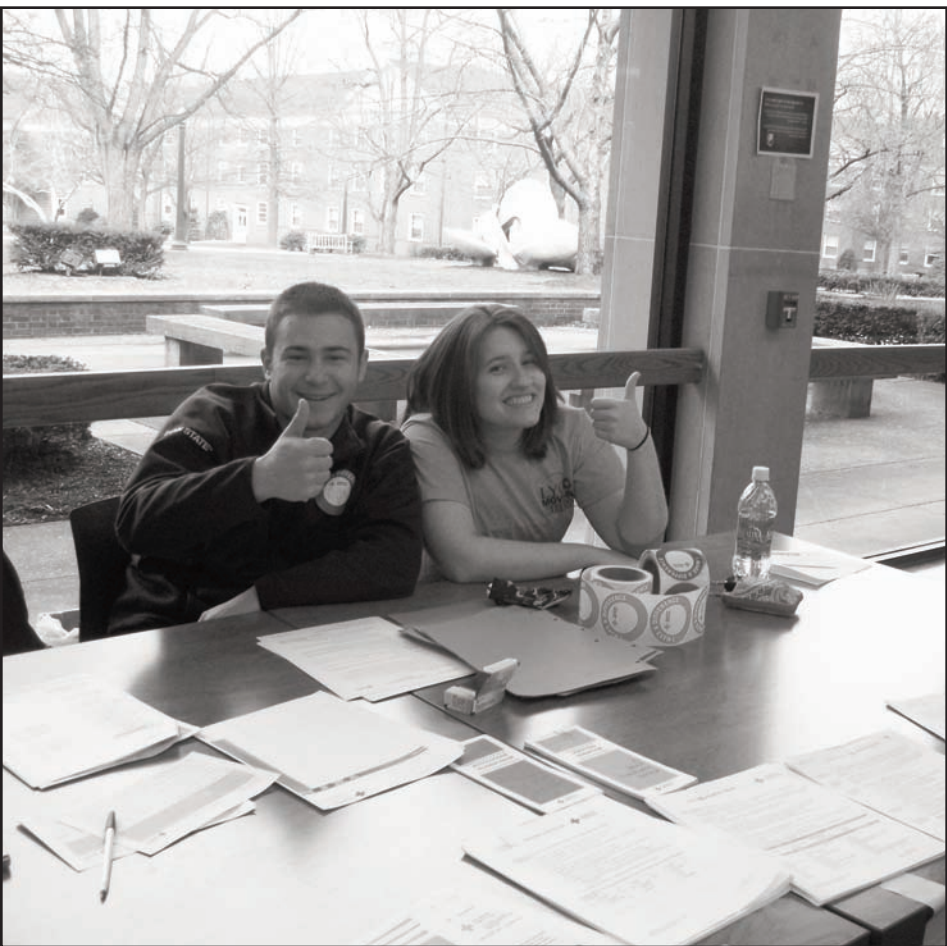
2007: After 35 years, Bob Barker retired as the host of "The Price is Right" with Drew Carey taking his place. "The King of Queens" became the last American live action sitcom that premiered in the 1990s to end its run after its series finale. The writers' strike shut down United States scripted programming in November while "The O.C." aired for the final time on Fox.

2008: The premiere of the very first episode of "Saturday Night Live" was aired again following the death of its very first host and comedian George Carlin. CNN became the first channel in history to use hologram technology on television during the 2008 U.S. presidential election with CNN's Jessica Yellin and Will.i.am of the Black Eyed Peas as the first people to be transmitted. Barack Obama aired a 30-minute infomercial on several stations and was seen by 33.6 million viewers.

2009: Hawaii became the first state in the United States to have its entire television stations switch to digital television while many stations including Comedy Central, Ion Television and ABC launched HD channels. "Glee" premiered on Fox and became an instant hit with audiences and critics alike, drawing in millions of viewers and selling millions of downloads of their covers of popular songs.

2010: Conan O'Brien left NBC's "The Tonight Show," due to controversial reasons, and was replaced by its former host, Jay Leno. "Law & Order" and "Heroes" were both canceled while "Lost" and "24" finished airing. Simon Cowell announced his intent to depart "American Idol" and launch a U.S. version of "The X Factor." Obama appeared on "The View," making him the first sitting president to appear on a daytime talk show.

These are only a few of the most memorable moments in television from the previous decade. As we head into the new decade, it is clear that television will continue to evolve



Linnea Morris/ The Lycourier

Senior Jack Port, left, and Sarah Cox smile while registering donors during the spring semester blood drive, sponsored by the college's Circle K chapter and the American Red Cross.

A Red Cross worker searches for a vein in Sophomore Samantha Hull's arm during the spring blood drive, held in Pennington Lounge. Students donated blood either by appointment or by simply showing up to give.

Students give life at spring blood drive



By
Emily
Stinemire



Lycourier Staff

Every two seconds someone in the United States is in need of a blood transfusion to save his or her life. That's 38 thousand transfusions daily.

Last week's American Red Cross Bloodmobile collected 100 units of blood which could help 300 people.

Blood cannot be manufactured; it can only come from donors. It is because of this that it is extremely important for the number of donors to stay well above the number of those in need.

Currently, the number of patients who are recipients of blood per year is 5 million, according to Red Cross officials. And thanks to the organizations like the Red Cross, the number of blood donors is 9.5 million.

The American Red Cross Biomedical Services plays a big role in the Nation's health care system.

"It is the largest single supplier of blood and blood products in the United States, collecting and processing more than 40 percent of the blood supply and distributing it to some 3,000 hospitals and transfusion centers nation-

wide," according to www.redcrossblood.org.

Lycoming College was fortunate enough to have the privilege of working with this prestigious organization and do its part to help increase the U.S.'s blood supply and awareness.

March 30th, Circle K and Student Programs turned Pennington Lounge into a hub for generous students, faculty and local residents to help save a life.

For more than 15 years these two organizations have come together with the American Red Cross to collect on average 100 pints of blood per drive. And because one pint of blood can save up to three lives, this semester Lycoming College donations may help up to 300 people.

Sophomore Jenna Miller is vice president of Circle K and has overseen the blood drive for two years.

Miller said, "The blood drive is very important because so many people need blood, and it only takes a few min-

utes. The blood you donate can help save lives."

Lycoming College senior Nina Cline said, "Although I hate needles, giving blood is one of the simplest ways I know to help save and affect someone's life. It is easy to do, but makes a huge difference."

Not only is giving blood the simplest way to save a life, the process of giving blood is simple as well.

The first step is a registration process where a staff member/volunteer goes over basic eligibility and donation information.

After that, the potential donor is asked to answer some questions about their health history and places they have traveled. This is done in private and is all confidential. There is also a mini-physical during which blood pressure and the hemoglobin level present in a blood sample are checked.

After this comes the actual donation. The donor's arm is cleaned and a brand new sterile needle is used to retrieve the blood. After about a pint of blood is collected, which takes eight to 10 minutes, the donation is complete.

Donors are given something to drink and eat in an area where they can rest for 10 to 15 minutes before they continue with their normal daily activities.

For more information on how to make a donation or host your own blood drive with the American Red Cross visit www.redcrossblood.org.

To get involved with Lycoming College's blood drive in the fall semester of 2011 contact Circle K at circlek@lycoming.edu.



Junior Michael Roberts gets comfortable to donate blood on March 30. The spring blood drive was held in Pennington Lounge and sponsored by Circle K.



Linnea Morris/ The Lycourier

After donating blood, Senior Rebecca Spenser, Sarah Cox and Sophomore Kayleigh Misner enjoy a snack.



The annual Senior Art Show at Lycoming College is on display through May 8 in the College's Art Gallery in Snowden Library. The 16 Lycoming students featured in the exhibit are Aleksanders Alunans, Kelsey Barrett, Erica Bouch, Tara Clark, Michaela Cote, Amber Davis, Morgan Guest, Erin Healy, Ashley Lubold, William Mauro, Joanna Pallas, Lauren Shambach, Chelsea Stein, Amanda Thomas, Kelsey Weaver and Janelle Whisenant.



The senior members of tour choir (from left) Danielle Heaney, Linnea Morris, Adam Zitta, Jennifer Adams, Nina Cline, Emily Hopko, Brian Scott, Martha Hughes, and Kenneth Vincencio, pose for a group shot during the spring break tour.



Photos Provided by Brandy Hale

The members of the 2010-2011 Lycoming College Tour Choir gather for a photo during this year's spring break tour. Over break, the group traveled to several cities in Florida.

Tour Choir flies south for spring break



By
Victoria
Yuskaitis

Lycourier Staff

The forty-one students belonging to Lycoming College's elite Tour Choir traveled down to Florida for the entirety of Spring Break, singing for ten different audiences in nine different churches (including the Homecoming Concert enjoyed by Lycoming students in Clarke Chapel on March 23).

Fred Thayer, professor of music and director of all three Lycoming choirs (College Choir, Chamber Choir, and Tour Choir), said that Florida was chosen for a number of reasons. "It's warm!" he said, laughing. "We pick a different compass direction each year for the Spring Break tours... We had contacts [in Florida] from when we were there before, and we sung in two repeat churches."

Emily Hopko, a senior, four year member of Tour Choir, and the Business Manager for Tour Choir, said that the trip was paid for by a combination of factors, including a Tour Choir alumni fund and endowments.

"The students put in \$300.00 towards the trip," added Thayer. Members of the Tour Choir flew to Florida, and Hopko organized the use of Benedict's Bus Service for the necessary transportation to and from singing venues.

The Choir's repertoire included fifteen songs. The first half of the concert consisted mainly of sacred music appropriate for church use such as "Ave Maria" by Fred Thayer and "Hail, Glorious Light" by Charles Wood. The second half was more varied

and contained songs such as "Leonardo Dreams of His Flying Machine" by Eric Whitacre and "Night" by Andrew Bonacci.

Thayer explained that the picking of Tour Choir's repertoire each year is a "process that takes me all summer." He added that a range of factors were considered, including the need for variety.

"We want songs appreciated by everyone," said Thayer.

Since some of the concerts are sung on Sunday morning in churches, Thayer stressed the importance of the first half of the concert being church appropriate. The second half, however, is "more secular and lighter" than the first, said Thayer.

"The longer-range goal," explained Thayer, "is to have four years' worth of repertoire without many (if any) repeats [of songs]."

Brittany Freeman, a junior, third-year member of Tour Choir, and Tour Choir Choral Assistant, said that the song "Lacrimosa" by Calixto Alvarez was "one of our most powerful songs."

Thayer concurred, calling the song "a crazy piece." He explained that "Lacrimosa" is none other than a piece the students heard in Argentina when they traveled there last May for a Tour Choir trip.

"It took my breath away the first time I heard it, and tears followed," said Freeman. "You feel like you are in another world because you get caught up in the music."

Thayer explained that the men sing traditional religious music softly in Latin, representing trained and educated musical talent. He further said that this was juxtaposed by a woman soloist who sings in Haitian.

He described the woman's voice as "raw, bright, untrained sound" and said that the woman is "pleading about a lost child." Pausing, Thayer concluded by saying that the song is "very striking."

Hopko also explained that the choir members always "look into the background of the music when it is in a different language - [this way], there is more emotion in the pieces. When the Choir

understands, so will the audience."

The Tour Choir, explained Thayer, is a carefully chosen group of students. Students interested in joining Tour Choir are required to be a part of the larger College Choir first. After this, said Thayer, students must audition in front of a jury of five people: two voice teachers, one guitar teacher, the accompanist, and Thayer himself. The songs students are judged upon are excerpts of harder portions of music, Thayer explained. Auditions, Hopko said, are held in October.

The Tour Choir begins practicing for the Spring Break tour by participating in the general College Choir practices that are held three times a week on Monday, Tuesday, and Thursday from 5:30-6:35PM. Five special rehearsals specifically for Tour Choir are also held by the end of January, before the first weekend tour on January 29.

"Some of the regular practices are also substituted if needed," said Thayer.

Hopko pointed out that Lycoming has been "named as one of the finest choirs in the East." The Choir has sung at many noteworthy cathedrals including Coral Ridge, Florida and St. Patrick's in New York City.

Still, Thayer says that the biggest compliment is that the choir is "always being asked to come back. It's the biggest recognition we can get," he added.

Freeman said that "Tour Choir is more challenging [than College Choir] and so more fun." She said that singing in the College Choir is also an important experience, as it gives the "experience of singing in a large group."

When asked what advice she would give to students who are thinking of joining choir, she said to "keep an open mind. [Through this program], you become so cultured. If you are afraid, just try it - you might miss an opportunity."

Bill Mastandrea, a Freshman and member of Tour Choir, concludes: "The music and friendships created at Tour Choir are some of the best I've ever experienced."

Lycoming creative writing student attends Sigma Tau Delta conference

Lycoming Junior Christopher Bernstorf attended the Sigma Tau Delta English Honor Society's International Convention in Pittsburgh from March 23 to 26, where he had the opportunity to read his poetry as an invited creative writer, and also represent Lycoming's Sigma Delta chapter, which was recognized for its 25th year of participation in the international organization.

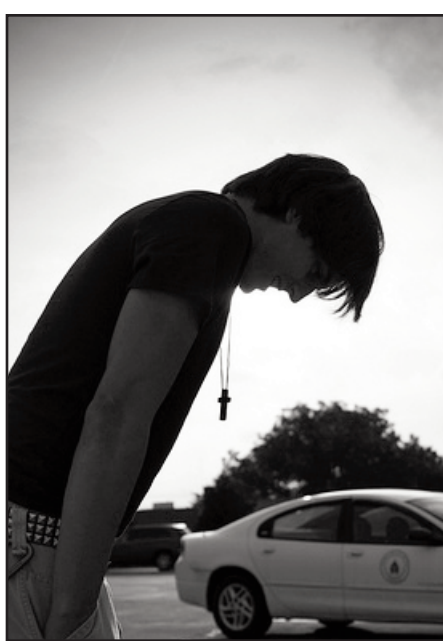
At the conference, Bernstorf presented four poems composed in Lycoming Creative Writing classes, "Plan B," "Debating the Health Care Reform Bill at a Cocktail Party," "Point a Finger" and "Ars Poetica" during the session "Original Poetry: With a Sense of Humor," even though Bernstorf wouldn't describe himself as a "terribly funny person."

According to Bernstorf, the poems "sort of run the gamut of topics -- from discussing the nature of poetry, to what I pray my life will be, to a boy receiving the sex talk, to arguing, to spreading love and changing the world. They all incorporate my faith in Christ and are attempts to shine His light in one way or another -- my aim with them is always to encourage or uplift. Even when they joke or are tongue-in-cheek or are critical of myself and how we humans in general can act sometimes, I aim to inspire, motivate, and give a way for us to move beyond our current failings and serve God the way we are meant to."

The conference was packed with sessions, speakers, and events and Bernstorf was able "to participate in an open mic night, hear Kay Ryan, Jacqueline Woodson, and Dave Eggers speak, as well as listen to a variety of panel and session presentations about everything from female Beat poets to original religious poetry, to what to do with an English degree."

About 1,100 people attended the convention from Sigma Tau Delta chapters across the globe, including locations such as "as far away as the South Caribbean and Qatar and as close as Pittsburgh," Bernstorf said.

Bernstorf described the conference as "an incredible time, and I feel so blessed and honored to have gotten to go. I met new people



CHRISTOPHER BERNSTORF

from across the U.S. with similar interests and was exposed to an incredibly broad range of creative voices, which was immensely stimulating and inspiring."

"I encourage everyone who has the opportunity to go and to submit their own work. We (Sigma Tau Delta) are hoping to have more members go to next year's conference in New Orleans," Bernstorf added.

For those interested in Bernstorf's poetry, his work has been published in both the 2010 and 2011 editions of the Tributary, Lycoming's Creative Writing publication. Additionally, he will be performing some of his pieces live at 7 p.m. Saturday at Avenue 209 Coffee House in Lock Haven, where he will be opening for local band Adiel.

He is to open for musical acts the Homecoming and John Reuben at 7:30 p.m. April 15 at the Scarlet Cord, Brookville. The cost for this show is \$8.

Alpha Xi Delta joins with Autism charity



By
Emily
Stinemire

Lycourier Staff

The Iota Mu chapter of Alpha Xi Delta is painting the campus blue this month in recognition of Autism Speaks.

They are promoting National Autism Month by hanging puzzle-piece shaped signs around campus with facts about autism, wearing blue ribbons, donning their Autism Speaks apparel and encouraging other students to wear blue.

The chapter will participate in the Step It Up Walk/Run on April 16 in Allentown.

Six sisters, Jessica Evans, Brittany Freeman, Raeyln Jackson, Karen Kaetzel, Amber Schuettrumpf, and Katherine Wrona, plan to represent the chapter at the walk.

On April 30 the chapter will host a table about autism at Kids' Day at the Peter J. McGovern Little League Museum in South Williamsport.

The odds of a child being diagnosed with autism are 1 in 110. At first this may not seem like a large number, but think about it this way. That is roughly equivalent to three students out of every grade level at Lycoming College.

And, it is more than all the diagnosis of childhood cancer, juvenile diabetes and pediatric

AIDS combined.

It is estimated that 1.5 million Americans are affected with autism, and of the 4 million babies born annually, 24,000 will be identified as autistic. Unfortunately, the government suggests that the rate of autism is only growing, currently between 10 percent and 17 percent per year.

If you're a male in the United States your odds of being autistic jump to 1 in 70. That is not to say that females have it any easier. Girls who have autism suffer from a much more crippling form of the disorder.

One would think that such a terrible disorder would have a lot of funding behind it, so it could be cured as soon as possible. Unfortunately, this is not the case. Autism has less funding than almost all of the other diseases and disorders that it trumps in numbers. Not to mention the fact that scientists have yet to figure out how a child develops autism in the first place.

That is where Autism Speaks steps in.

"Autism speaks is the nation's largest autism science and advocacy organization, dedicated to funding research into the causes, prevention, treatments, and a cure for autism; increasing awareness of autism spectrum disorders; and advocating for the needs of individuals with autism and their families." Their goal is to change the future for all who struggle with autism spectrum disorder.

Autism is a disorder known as autism spectrum disorder or

ASD, a very complex neurological disorder that lasts throughout a person's lifetime. Symptoms of this disorder can be mild, such as Asperger's syndrome, or severe such as Rett syndrome. Asperger's syndrome consists of difficulties in social settings, and restricted/repetitive patterns of behavior. Rett syndrome affects mostly females and starts at birth. Those with Rett syndrome are prone of gastrointestinal disorders and up to 80percent have seizures. They also have small hands, feet and a deceleration growth rate of the head.

Autism Speaks is also affiliated with the women's fraternity Alpha Xi Delta. Every year Alpha Xi Delta sisters all over the country take part in "The AmaXing Challenge." This is their signature fundraising event designed to raise critical funds for Autism Speaks.

From 6 to 8 p.m. Oct. 22 the chapter will host its own event called "Monster Mash Baseball Bash" at the Little League Museum. It is a Halloween party for children and all proceeds for directly to Autism Speaks. At the event there are kid-friendly games, food, and even a haunted house.

Because ASD is such a common disorder, the likelihood for someone you know having it, your child having it, or you being undiagnosed with it is extremely high. And because it had no cure, it is something that you or that person will suffer with for the rest of their life.

Women's Lacrosse Welcomes Trescavage



By
Kelly
Prendergast

Lycourier Staff

During the 2011 season the Lycoming College Women's Lacrosse team is undergoing many changes. It is now under the leadership of new head coach Chrissy Carfello Trescavage.

Trescavage is the sixth head coach in the history of the Lycoming women's lacrosse program.

She played four seasons as an assistant coach at Misericordia University, Dallas, and playing at Susquehanna University, Selinsgrove.

"I am excited about the opportunity and the upcoming season," Trescavage said.

She began her career as an assistant coach at Misericordia in 2006. While at Misericordia, she helped the Cougars make it to two conference playoffs, as well as acting as the head coach, while she was on maternity leave. Also, while at Misericordia she helped scout opponents, recruit possible student athletes, and broke down game-film.

Not only does Trescavage have a lot of experience as a coach, she also has a lot of experience on the field as a player.

She was a one-time captain and four-year letter winner at Susquehanna University. She earned all MAC Honors as a sophomore and a senior, and was a four-time member of the MAC Academic Honor Roll. Also during her time as a player at Susquehanna, she set the record for goals scored in a season with 53. Trescavage graduated from Susquehanna with a bachelor of science in business administration.

Now Trescavage has brought her experience, from on the field as a player and past coaching positions, to help foster the growing tradition of Lycoming Lacrosse and to help the program be competitive within the MAC Conference.

"Coach Chrissy Trescavage is certainly the best thing that has happened to this program. She took a team that was non-existent and really turned the program around. Before Coach T, we didn't even have enough players to field a team. She has devoted so much of her time to the program. She has already been recruiting for next year to allow our program to continue to grow and develop. Coach played every position in her four years at Susquehanna, she always knows how to help each player. Coach T really brings the team together as a unit.

She has us work hard to be our very best on and off the



The 2011 Women's Lacrosse Team and Coach Trescavage, far right.

field. With the continual guidance from Coach T, our team will keep building and become very successful."

Last season, the Lady Warriors finished out the regular season with a 10-8 record overall and an 8-4 finish in the Middle Atlantic Conference while coming up short to Elizabethtown after a first round playoff win to Widener. This season despite difficulties of having enough players to field a team and a new coaching staff, the Lady Warriors look to build on last seasons accomplishments by winning out their conference.

This season, the warriors will be counting on the leadership of junior captain Grace Gargiulo. Gargiulo returns for the 2011 season hoping to expand on her 24 goal and 6 assist 2010 season.

Additionally last season, she played in 18 games, started in 17 and accounted for 23 ground balls and 21 caused turnovers. Along with Gargiulo, the lady warriors will be looking for assistance from newcomer Ashley Landis along with help from sophomore Brooke Strausser and senior Meagan Pittius.

The remaining home games are as follows:

- *April 9 at 1p.m. against Manhattanville
- *April 16 at 1p.m. against Eastern
- *April 18 at 1p.m. against Wilkes
- *April 21 at 1p.m. against Elizabethtown



Women's Lacrosse Coach Trescavage

Senior Spotlight: J.B. Campanella



By
Kaitlyn
Ober

Lycourier Staff

When looking at colleges four years ago, J.B. Campanella narrowed his choices to Widener University and Lycoming, but not for lacrosse. Originally, Campanella was searching for a fit on a football team.

"Even though I had grown up playing both sports, football at that time was my main focus," he said.

Campanella finally chose Lycoming because it was farther away from his home in Lansdale, than Widener, which is in Chester. At Lycoming, Campanella played both sports because football was in the fall and lacrosse was in the spring.

After his first year, however, Campanella realized that his true passion was lacrosse and decided to stick with it instead of playing both.

Campanella started lacrosse when he was eight years old because of the influence of his father, who encouraged him to start playing the sport. His first team was the North Penn Cub Team.

Throughout his years of participating in sports and everyday life, his father has been one of the biggest motivators.

"He always pushes me to be my best and supports me no matter what. He has been a coach and a father, knowing when to be what. He always wants the best for me, too," Campanella said.

Since his freshman year, Campanella has gotten substantial playing time and been a part of some big wins for the Warriors.

"My freshman year we beat Widener on their turf by one. Since I got to play as a freshman, I felt completely part of the team and the brotherhood that comes along with it. Widener, to this day, is always a big rival but as a freshman I didn't really understand the rivalry like I do now. Above that, it brought us all together and we were all happy for the win."

Lacrosse at Lycoming takes up a lot of time. The team has a fall ball season on top of its spring season. And then on top of that, they are in the weight room and playing in scrimmages to better each other and to compete for the starting spots.



Campanella makes a catch in the men's lacrosse game against King's College.

"What I love the most about the sport is the ability to take out my frustrations on the field in a competitive way. I have always been a competitive person because of the way I was raised. I live to compete; I always want to beat everyone."

Campanella is a defenseman for the Warriors, along with teammates Matt Siracusa, Vic Marchetti and goalie, Al Antinarelli.

Throughout the four years, Campanella has made great friends from the teammates he has played with on the field.

"One of my favorite times spent here at Lycoming was the day before last year's graduation. I was really close with most of the guys who graduated, so to be able to hang out one last time on campus together was definitely

a memory that I'll always remember."

Along with making lifelong friends, lacrosse has taught Campanella more things about every day life.

"I have learned to persevere. This comes true especially when we play better teams because I know I have to play to the best of my ability when we're down. This can relate to life outside of lacrosse too, understanding that not every day is going to be a good day, but you need to stick it out because tomorrow will be better."

Campanella is a marketing major who has been fortunate enough to already have had two interviews with the software company, SAP America in Bromall.

"I have an opportunity to be a salesman for the SAP America. I really want to do that but I know that I can't set my sights on just one opportunity."

Lycoming Outstanding Athletic Achievements

Jason Mifsud earned his second straight Commonwealth Conference Men's Tennis Player of the Week award.

Cody Heffner earned the Commonwealth Conference Men's Tennis Player of the Week award.

For the second straight Commonwealth Conference match, the Lycoming College men's tennis team posted a 9-0 sweep.

Amy Cline is ranked second nationally with an average of 1.9 runs per game.

The Lycoming College softball team entered the week amongst the top 10 in the NCAA Division III in runs scored.

Ethan Payne posted three goals and an assist and sophomore Stephen Romano added two goals and two as-

sists as the Lycoming College men's lacrosse team opened up a five-goal lead to beat King's College.

Josh Kleinfelter was amongst eight graduating seniors and two underclassmen from 10 Central Pennsylvania colleges and universities who were honored for their academics and athletics at the 14th annual Student-Athlete Scholarship Banquet.

Holly Lansberry threw a six-hitter in the Commonwealth Conference opener to improve to 5-0 with an 11-1 win and classmate Amy Cline posted five hits in the second game to help lead the Warriors to a 9-7 win and a sweep of Albright College.

Grace Gargiulo posted her sixth straight hat trick, notching three goals for the Lycoming College women's

lacrosse team against Widener.

The Lycoming College men's swimming team earned the College Swimming Coaches Association of America Scholar All-American Team honors for posting a fall semester Team GPA of 3.07.

Sebastian Sabella, Kaitlyn Ober, Zack Brower, and Hope Weber all earned 2010-11 Middle Atlantic Conference winter Sportsmanship Team honors.

Jerald Williams finished the basketball season amongst the top 10 in the NCAA Division III leaders in three statistical categories: assists, steals and assist-turnover ratio.

Isaiah Britton, Mike Maurer, and Stephen Hinton were named National Wrestling Coaches' Association Scholar All-Americans.